



















## School Lunch Menu AUGUST 2021

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>AUGUST 23</b> Chicken Nuggets or Turkey sub French fries Corn Salad bar Lentil soup Red beans soup	<b>AUGUST 24</b> Cheese Pizza Or Tuna Sub Tomato and Cucumber salad Fresh fruit Split peas soup Potato soup	<b>AUGUST 25</b> Grilled Chicken Breast Yellow Rice Salami Subs Sauteed Broccoli Pineapple Spa Water Minestrone soup Red beans soup	<b>AUGUST 26</b> Baked Ziti OR Tuna Sub Garlic Bread Green Beans Fruit White Bean soup Squash soup	<b>AUGUST 27</b> Veggies Nuggets or turkey sub French fries Corn Salad bar Lentil soup White beans soup
<b>AUGUST 30</b> Chicken tender or Turkey sub French fries Corn on the cob Salad bar Minestrone soup Black beans soup	<b>AUGUST 31</b> Cheese Pizza Or Tuna Sub Tomato and Cucumber salad Fresh fruit Split peas soup Potato soup	<b>SEPTEMBER 01</b> Pepper chicken strips w/white rice or Brown Rice Turkey Sub Lima beans Fruit Spa water Minestrone soup Red beans soup	<b>SEPTEMBER 03</b> Spiral Pasta Alfredo Tuna Sub Garlic Bread Caesar Salad Peas & Carrots Peach slices Spa Water White beans soup Carrot Soup	<b>SEPTEMBER 04</b> Veggies Nuggets or Turkey sub French fries Corn Fruit Salad bar Spa Water Lentil soup White beans soup

**Note:** All pasta and couscous are whole grain and protein enriched.

**Daily Salad bar:** Romaine lettuce, spinach, edamame, couscous, quinoa, pasta salad, chickpeas, carrots, green peppers, tomatoes, cucumber, onions, black olives, sweet corn, pickles, hummus, tuna, hard boiled eggs.

## School Lunch Menu SEPTEMBER 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<b>SEPTEMBER 6</b>  <b>No School</b> <b>Rosh Hashana</b> 	<b>SEPTEMBER 7</b>  <b>No School</b> <b>Rosh Hashana</b> 	<b>SEPTEMBER 18</b>  <b>No School</b> <b>Rosh Hashana</b> 	<b>SEPTEMBER 9</b>  <b>Dismissal</b>  <b>Fast of Gedaliah</b> 12:00pm	<b>SEPTEMBER 10</b> Veggies Nuggets or turkey sub French fries Corn Fruit Salad bar Spa Water Lentil soup White beans soup
<b>SEPTEMBER 13</b> Chicken Nuggets or Turkey sub French fries Corn Salad bar Lentil soup Red beans soup	<b>SEPTEMBER 14</b> Cheese Pizza Or Tuna Sub Tomato and Cucumber salad Fresh fruit Split peas soup Potato soup	<b>SEPTEMBER 15</b> <b>No School</b> <b>ErevYom Kippur</b>  	<b>SEPTEMBER 16</b> <b>No School</b> <b>Yom Kippur</b>  	<b>SEPTEMBER 17</b> <b>No School</b> <b>Yom Kippur</b>  
<b>SEPTEMBER 20</b> <b>No School</b> <b>Sukkot</b> 	<b>SEPTEMBER 21</b> <b>No School</b> <b>Sukkot</b> 	<b>SEPTEMBER 22</b> <b>No School</b> <b>Sukkot</b> 	<b>SEPTEMBER 23</b> <b>No School</b> <b>Sukkot</b> 	<b>SEPTEMBER 24</b> <b>No School</b> <b>Sukkot</b> 
<b>SEPTEMBER 27</b> <b>No School</b> <b>Sukkot</b> 	<b>SEPTEMBER 28</b> <b>No School</b> <b>Sukkot</b> 	<b>SEPTEMBER 29</b> <b>No School</b> <b>Sukkot</b> 	<b>SEPTEMBER 30</b> <b>No School</b> <b>Sukkot</b> 	

**Note:** All pasta and couscous are whole grain and protein enriched.

**Salad bar:** Romaine lettuce, spinach, edamame, couscous, quinoa, pasta salad, chickpeas, carrots, green peppers, tomatoes, cucumber, onions, black olives, sweet corn, pickles, hummus, tuna, hard boiled eggs.