



LUNCH MENU ECE - 5TH GRADE

November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
NOVEMBER 2 Chicken schnitzel with bun Regular chips Israeli salad fruit	NOVEMBER 3 Cheese Pizza Or Tuna Sub Caesar salad Orange Wedges	NOVEMBER 4 Grill Chicken strips Couscous Slicer cucumbers fruit	NOVEMBER 5 Mac & cheeses Garlic bread Peas fruit	NOVEMBER 6 Baked Ziti OR Tuna Sub Green Beans Pineapple chunks
NOVEMBER 9 Arroz con pollo Sweet Plantain Garden salad Fruit	NOVEMBER 10 Cheese Pizza Or Tuna Sub Caesar salad Orange Wedges	NOVEMBER 11 NO SCHOOL	NOVEMBER 12 Veggies nuggets French fries Tomato and Cucumber salad cookie	NOVEMBER 13 Spiral Pasta Alfredo OR Tuna Sub Caesar Salad Peas & Carrots Peach slice
NOVEMBER 16 NO SCHOOL	NOVEMBER 17 Cheese Pizza Or Tuna Sub Caesar salad Orange Wedges	NOVEMBER 18 Chicken fried rice Mini Eggs roll Edamame fruit	NOVEMBER 19 Cheese quesadillas Guacamole and chips Black beans cookie	NOVEMBER 20 Mac & cheeses Garlic bread Peas fruit
NOVEMBER 23 Burger with wheat Bun Chips Tomato and Cucumber fruit	NOVEMBER 24 Cheese Pizza Or Tuna Sub Caesar salad Orange Wedges	NOVEMBER 25 Noon Dismissal	NOVEMBER 26 NO SCHOOL	NOVEMBER 27 NO SCHOOL

NOVEMBER 30 Chicken tender or Turkey sub French fries Pineapple Chunks	DECEMBER 1 Cheese Pizza Or Tuna Sub Caesar salad Orange Wedges	DECEMBER 2 Chicken grill/ Yellow rice or Turkey Sub Green beans Fruit	DECEMBER 3 Baked Ziti OR Tuna Sub Green Beans Pineapple chunks	DECEMBER 4 Soy nuggets White rice and Black Beans Or Tuna Sub Fruit
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