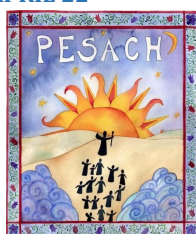
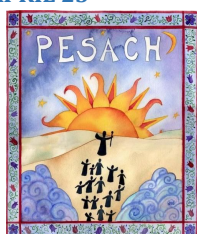
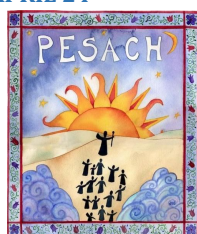
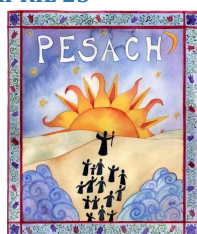
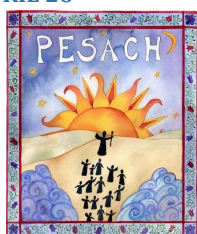


School Lunch Menu
1ST TO 12TH GRADE
APRIL 2019

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
APRIL 1 Barbecue day: Grilled Chicken Hamburger Sweet potatoes fries Fruit Lentil soup Chicken soup	APRIL 2 Cheese Pizza Or Tuna Sub Caesar salad Orange Wedges Split peas soup Potato soup	APRIL 3 Chicken tender or Turkey sub French fries Pineapple Chunks Minestrone soup Red beans soup	APRIL 4 Mac and Cheese OR Tuna Sub Steam brocolini Orange Wedges White Bean soup Mushroom soup	APRIL 5 Whole Wheat Pizza Bagel, Veggie pizza bagel or Tuna sub Sweet potatoes fries Apple Slices Carrot Soup Lentil soup
APRIL 8 Barbecue day: Grilled Chicken Hamburger Sweet potatoes fries Fruit Lentil soup Chicken soup	APRIL 9 Cheese Pizza Or Tuna Sub Caesar salad Orange Wedges Split peas soup Potato soup	APRIL 10 Chicken Chinese rice egg rolls Turkey sub Green Beans Spa Water Minestrone soup Red beans soup	APRIL 11 Spiral Pasta Alfredo OR Tuna Sub Caesar Salad Peas & Carrots Peach slices White Bean soup Mushroom soup	APRIL 12 Taco bar and cheese Quesadilla Black Beans / Guacamole and Tricolor chips Or Tuna Sub Fruit Carrot Soup Lentil soup
APRIL 15 Barbecue day: Grilled Chicken Hamburger Sweet potatoes fries Fruit Lentil soup Chicken soup	APRIL 16 Cheese Pizza Or Tuna Sub Caesar salad Orange Wedges Split peas soup Potato soup	APRIL 17 NOON DISMISSAL	APRIL 18 NO SCHOOL	APRIL 19 
APRIL 22 	APRIL 23 	APRIL 24 	APRIL 25 	APRIL 26 
APRIL 29 Barbecue day: Grilled Chicken Hamburger Sweet potatoes fries Fruit Lentil soup Chicken soup	APRIL 30 Cheese Pizza Or Tuna Sub Caesar salad Orange Wedges Split peas soup Potato soup	MAY 1 Grilled Chicken Breast and yellow/brown Rice Turkey Sub Green beans Pineapple Chunks Minestrone soup Red beans soup	MAY 2 Mac and Cheese OR Tuna Sub Steam brocolini Orange Wedges White Bean soup Mushroom soup	MAY 3 Cheese Ravioli OR Tuna Sub Steamed Brocollini Pear Slices Carrot Soup Lentil soup

Note: All pasta and couscous will be whole grain and protein enriched.

Salad bar: Romaine lettuce, spinach, edamame, couscous, quinoa, pasta salad, chick peas, carrots, green peppers, tomatoes, cucumber, onions, black olives, sweet corn, pickles, tuna, egg hard boiled. Spa water everyday.